No. EDN-(SE)H(23)-7-1/2025-26- Health -I
Directorate of School Education
Himachal Pradesh

Directorate of School Education
24 JUL 2026
Himachal Pradesh, Shimla-171001

Dated Shimla-171001 the July, 2026

To

All the Deputy Directors School Education (Elementary / Secondary)
Himachal Pradesh.

Subject: Regarding observing National De- worming Day and Vitamin A on 24th August, 2026 and Mop up on 29th August, 2026.

Sir/ Madam,

This is with reference to National Health Mission, Himachal Pradesh letter No. 11583-NHMHP-CH0NDD/1/2019-CH-Section dated 20th July, 2026 (copy enclosed) vide which it has been informed that National De-worming Day and Vitamin A will be observed on 24th August, 2026 with the mop up round on 29th August, 2026 for left out children, who missed consuming De- worming Day and Vitamin A on 24th August, 2026.

In this context you are requested to issue necessary directions to all the Block Elementary Education Officers, Government as well as Private Schools to extend full support, cooperation & assistance to National Health Mission to make NDD successful in the State.

This may be treated as most urgent and be given top priority and perusal attention in the matter please.

Encl. As above

Director
School Education
Himachal Pradesh Shimla-1

Endst. No. Even Dated Shimla -171001 July, 2026
Copy to :-

1. The Mission Director NHM, SDA complex, Kasumpti Shimla-171001for information please.
2. Guard file.

Director
School Education
Himachal Pradesh Shimla-1

Through e-mail

	e-file No. 11583- NHMHP -CH0NDD/1/2019-CH-Section National Health Mission, SDA complex, Kasumpti, Shimla Himachal Pradesh

To,

The Director
School Education, HP

MISSION DIRECTOR (NHM)
20 JUL 2026
KASUMPTI SHIMLA-9 H.P.

Dated July 2026 the Shimla - 9

Subject: Regarding observing National De-worming Day and Vitamin A on 24th August 2026 and Mop up on 29th August 2026.

Sir,

National Deworming day is biannual event to be celebrated every year. Focus is to improve nutrition and anaemia status among the children from age group of 1 yr till 19 yrs. It will be **one day activity** all over the state among all Govt., Govt. Aided and Private schools, play schools and Anganwari centres. It is a joint activity organised by Health in coordination with WCD and Education department.

Students studying from Pre-Nursery till class 12th will be covered in schools. Further it is informed that:

1. **Children between 2-5 years will be given Vitamin A syrup and Albendazole tablets together on same day.**
2. **Children above 5 years (6 to 19 yrs) will be given only Albendazole Tablets.**

The NDD will be conducted on 24th **August** in all schools, with mop up **on** 29th **August** for left out children who missed consuming Albendazole on 24th August.

Support from Education department required is as under:

- Nominate one Nodal school teacher from each school; both Government and Private schools. The nodal teacher will be oriented by Health department regarding activities for NDD. Nodal school teacher will further inform other teachers of school on De-worming day activities.
- Ensure display of IEC material on De-worming and Vitamin A in class rooms and school notice boards.
- Inform parents in advance regarding De-worming day and ensure 100% attendance and participation of students till class 12th by continuously motivating students on consumption of Tab Albendazole and its benefit for health.
- Arrange Parent Teacher Meeting (PTM) in school.
- Rallies by students on importance of De-worming and Vitamin A for awareness of community.

- Health information to students with emphasis on hand washing, hygiene, sanitation during morning assembly.
- Ensure adequate supply of Medicine (from Health department) and safe drinking water as per requirement based upon total students in school upto 12th class.
- Have adequate reporting formats and students attendance register on day of De-worming.
- If due to school absenteeism or sickness someone misses medicine Albendazole, **mop up for all missed children** and out of school children will be done on Mop up day due on 29th August 2026.
- Monitor the activity in government and private schools.

Dose:

1. **Children between 2-5 years will be given 2ml Vitamin A syrup first, subsequently after gap of 5 minutes one full tablet of Albendazole to be given by crushing the tablet between two spoons and little water to help administer the tablet. Children (2-5 yrs) should not be forced to have the Albendazole tablet.**
2. **Above 5 years age one full tablet Albendazole will be given for chewing properly followed by water. Under no circumstances, children are allowed to take tablet home for consumption.**
3. Only under direct supervision of school teacher the tablet should be chewed first and then give water to drink. This tablet can be taken on empty stomach.
4. After administering the Albendazole Tab, children should be kept for observation for 15-20 min for any adverse effect.

Side Effects: Albendazole tablet is very safe. If some child complains of vomiting, or pain in abdomen tell the child to lie down in shade/inside room. Keep child under observation for half an hour give him only water to drink. In case of emergency 108 services is available. The contact no. of Medical Officer at nearest PHC and ANM in nearest sub centre should always be available with Nodal School teacher.

Reports: Children who were present on De-worming day and given tablet Albendazole as well as absentee students will be recorded. Submit report to ANM when she comes to collect the record. On Mop up day record of missed students given Albendazole should be submitted to ANM separately. One copy of reporting format to be kept in school for record keeping.

Kindly issue letters to your district and block level officers for attending District/ Block level Workshop in their respective districts, and cooperate to make NDD successful in State. It is also requested to inform and issue instructions to all the Private schools and Central schools/ Navodya schools/ Play Schools and Kindergarden to cooperate with Health department officials and motivate school children to consume Medicine on NDD.

I look forward for your support in making NDD successful.

Digitally signed by
Pradeep Kumar Thakur
Date: 20-07-2026
12:20:46

Mission Director
National Health Mission
Himachal Pradesh

MISSION DIRECTOR (NHM)
20 JUL 2026
KASUMPTI SHIMLA-9 H.P.

Endst No.11583- NHMHP -CH0NDD/1/2019-CH-Section Dated
Copy forwarded to:

1. The Secretary (Health) to the GoHP, Shimla-2 for information please
2. The Director Health Services, HP, Shimla-9 for information please
3. All the Chief Medical Officers in Himachal Pradesh for information and necessary action please

Sd-
Mission Director
National Health Mission
Himachal Pradesh