

**No. HFW-F (DCP)/Influenza-A (H1N1)/2019
Health & Family Welfare Department
Himachal Pradesh**

To

1. All the Principals
Govt. Medical Colleges
in Himachal Pradesh
2. All the Chief Medical Officers
in Himachal Pradesh
3. All the Medical Superintendent
in Himachal Pradesh



Dated Shimla-9 the 2019

Subject: **Advisory on Swine Flu / Seasonal Influenza (H1N1).**

Sir/Madam,

This is in continuation of earlier advisories issued on dated 29.1.2019, 5.2.2019, 12.2.2019, 21.2.2019, 2.3.2019 & 13.3.2019 on the subject cited above. As on 27.3.2019 total of 319 confirmed cases of swine flu has been reported from whole of Himachal Pradesh. Unfortunately we have lost forty precious lives due to it, despite of best efforts. Therefore you are requested to take all the necessary action to prevent and control Seasonal flu. Necessary surveillance & preventive measures which may be taken promptly are suggested as:-

1. Intensive IEC activities involving all the stake holders such as Health Educators, Health Supervisors, Health Workers, ASHAs, Anganwari workers.
2. Line listing, Contact tracing and geographical mapping of all the death and positive cases of swine flu along with photographs.
3. Early case detection, prompt treatment and timely referral in case of worsening condition in the patients with Flu like Syndrome.
4. To get the samples tested (in case of need) by sending samples through Viral Transport Medium either to IGMC Shimla or Dr. RPGMC Tanda or CRI Kasauli, District Solan & PCR Lab. ZH Mandi.
5. Reporting on daily basis, as being done previously.
6. All the Health care providers need to be sensitised for early case detection.
7. Every case of Seasonal Influenza should be thoroughly investigated so that the severe manifestation and eventual death due to it can be prevented.
8. The doctors need to be identified to provide critical care for cases in Hospitals. Dedicated beds for Seasonal Influenza may be ensured in Hospitals.

'B' and Cat 'C' cases by the clinicians. Chemoprophylaxis to household contact of the cases having co-morbid conditions like bronchial Asthma, Diabetes, lung, Kidney or heart diseases, Cancer or HIV/AIDS need to be initiated at the earliest.

10. Ensure availability of necessary drugs (Cap. Oseltamivir 75mg, 45mg, 30mg and Syrup Oseltamivir 75ml) and logistics (Personnel Protective Equipment, N-95 face masks, Reagent kits, Viral Transport Medium etc.) at all Hospitals under your control.
11. Monitor availability of Oseltamivir in all private chemists/pharmacists as Oseltamivir is now in Schedule-H1, so that the drugs are readily available.
12. Vaccination of frontline health workers & medical professionals involved in management of Seasonal Influenza cases should be ensured.
13. Ensure that all the available ventilators are in functional condition.
14. Guideline on categorization of Seasonal Influenza is available on Health & Family Welfare department website.
15. DO issue by ACS (Health) on 6th February, 2019 to all the Deputy Commissioners of for early detection of patients and adopting all preventive measures so that no casualty is reported on this account.

Action taken report may kindly be submitted on daily basis.



Director of Health Services
Himachal Pradesh

Endst. No. : As above

Dated Shimla-9 the

Copy to:

1. The Additional Chief Secretary (Health) to the Govt. of H.P for information please.
2. Sr. Private Secretary to the Hon'ble Health Minister of Himachal Pradesh to apprise the Hon'ble Health Minister please.
3. The MD NHM, H.P. for information please.
4. The Director Medical Education, H.P. for information please.
5. Supdtt.PMIS cell O/o DHS HP Shimla for uploading on H &FW HP website.

Director of Health Services
Himachal Pradesh