Kishori Shakti Yojana:

Kishori Shakti Yojana is 100% Centrally Sponsored Scheme. This scheme is operational in 46 ICDS Projects of 8 Districts viz. Shimla, Sirmour, Kinnaur, Mandi, Bilaspur, Una, Hamirpur and Lahaul-Spiti of the State.

The objectives of the Scheme are to:

i) to improve the nutritional and health status of adolescent girls in the age groups of 11-18 years;

ii) to provide the required literacy and numeracy skills through non-formal stream of education to stimulate a desire for more social exposure and knowledge and to help them improve their decision making capabilities;

iii) to train and equip the adolescent girls to improve/upgrade home-based and vocational skills;

iv) to promote awareness of health, hygiene, nutrition and family welfare, home management and child care and to take all measures as to facilitate their marrying only after attaining the age of 18 years and if possible, even later; and

v) to encourage adolescent girls to initiate various activities to be productive and useful members of the society.

Services under the Scheme are:

- IFA supplementation,
- Health check-up and Referral services,
- Nutrition & Health Education (NHE),
- Counseling/Guidance on family welfare, ARSH, child care practices,
- Life Skill Education and accessing public services
- Vocational Training for Out of School AGs of 16-18 years.

NUTRITION: Nutrition is being provided to the AGs of BPL category in the age group of 14-18 years and out of School AGs in the age group of 11-14 years under ICDS

Contact Persons: DPOs, CDPOs, Supervisors ICDS & AWWs