

ANNEXURE -M

Kishori Shakti Yojana:

Kishori Shakti Yojana is 100% Centrally Sponsored Scheme. This scheme is operational in 46 ICDS Projects of 8 Districts viz. Shimla, Sirmour, Kinnaur, Mandi, Bilaspur, Una, Hamirpur and Lahaul-Spiti of the State.

The objectives of the Scheme are to:

- i) to improve the nutritional and health status of adolescent girls in the age groups of 11-18 years;
- ii) to provide the required literacy and numeracy skills through non-formal stream of education to stimulate a desire for more social exposure and knowledge and to help them improve their decision making capabilities;
- iii) to train and equip the adolescent girls to improve/ upgrade home-based and vocational skills ;
- iv) to promote awareness of health, hygiene , nutrition and family welfare , home management and child care and to take all measure as to facilitate their marrying only after attaining the age of 18 years and if possible , even later; and
- v) to encourage adolescent girls to initiate various activities to be productive and useful members of the society.

Services under the Scheme are:s

- IFA supplementation,
- Health check-up and Referral services,
- Nutrition & Health Education (NHE),
- Counseling/Guidance on family welfare, ARSH, child care practices,
- Life Skill Education and accessing public services
- Vocational Training for Out of School AGs of 16-18 years.

NUTRITION: Nutrition is being provided to the AGs of BPL category in the age group of 14-18 years and out of School AGs in the age group of 11-14 years under ICDS

Contact Persons: DPOs, CDPOs, Supervisors ICDS & AWWs

