

Annexure -L

Rajiv Gandhi Scheme for Empowerment of Adolescent Girls(SABLA)

SABLA was introduced as Centrally Sponsored Scheme for benefitting Adolescent Girls(AGs) in four districts which are Solan, Kullu, Kangra, and Chamba during the Financial Year 2010-11 replacing Kishori Shakti Yojana. The Scheme aims at covering AGs in the age group of 11-18 years, with main focus on Out of School AG.

Funding Pattern:

Non Nutrition Component: 100% centrally sponsored.

Nutrition Component : 50:50 sharing by Centre and State Govt.

OBJECTIVES

The objectives of the Scheme are to:

- I. Enable the AGs for self-development and empowerment.
- ii. Improve their nutrition and health status.
- iii. Promote awareness about health, hygiene, nutrition, Adolescent Reproductive and Sexual Health (ARSH) and family and child care.
- iv. Upgrade their home-based skills, life skills and tie up with National Skill Development Program (NSDP) for vocational skills
- v. Mainstream out of school AGs into formal/non formal education
- vi. Provide information/guidance about existing public services such as PHC, CHC, Post Office, Bank, Police Station, etc.

Services under the Scheme:

There are **two major components** under the Scheme -
Nutrition Component and Non Nutrition Component.

i) Nutrition Component:

11-14 years AGs : Out of school girls(as school going AGs are being covered under MID DAY MEAL Scheme)

14 -18 years AGs : All AGs (School going and out of school)

ii) Non Nutrition Component(For Out of School Girls)

a): 11-18 years

- IFA supplementation,
- Health check-up and Referral services,
- Nutrition & Health Education (NHE),
- Counseling/Guidance on family welfare, ARSH, child care practices,
- Life Skill Education and accessing public services

b) Vocational Training for Out of School AGs of 16-18 years.

Contact Persons: DPOs, CDPOs, Supervisors ICDS & AWWs