

H.P Board of Departmental Examination
Departmental Examination for Other Gazetted Officers (CDPOs)
Paper-3- Holistic Child Development Schemes and Programmes
September, 2020

Time Allowed: 3 Hours

Maximum Marks: 100

Note: Attempt any five questions. All questions carry equal marks. Only Bare Acts can be consulted.

- I. What are the aims and objectives of ICDS programme and package of services envisaged for targeted beneficiaries under the scheme? How far ICDS- now known as Anganwadi Services Scheme proved to be successful in terms of reducing school dropouts and malnutrition.
- 20 Marks**
- II. Write detailed notes on any two of the following:-
- (1) New WHO growth standards in Anganwadi Centres and use of mother and child protection cards.
 - (2) National Early Childhood Care and Education (ECCE) policy, 2013.
 - (3) ICDS-CAS Mechanism & Monitoring of broad parameters.
 - (4) Importance & role of vibrant Anganwadi centres in child development.
 - (5) Food fortification.
- 2x10=20 Marks**
- III. What are the Nutritional needs of children? Describe main causes and consequences of malnutrition in children. What are the various interventions undertaken by the government to reduce the mortality, morbidity and malnutrition among Children.
- 20 Marks**
- IV. Write short notes on any four :-
- 1) National Children Award.
 - 2) Constitutional rights and safeguards provided to children in India.
 - 3) IYCF and maternal child health.
 - 4) SAM/MAM Children.
 - 5) Status of Child Sex ratio and Sex ratio at birth (SRB).
 - 6) Functions of District/Block level and Anganwadi level monitoring and support committee.
- 4x5=20Marks**
- V. Define Malnutrition, Stunting and Wasting among children and Anaemia among women. How Poshan Abhiyaan which has been launched recently by GOI curbed these issues in Himachal Pradesh.
- 20 Marks**
- VI. What are the salient features & constituents of Pradhan Mantri Matru Vandhna Yojna? Describe its linkages with ICDS programme.
- 20 Marks**
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