

Interpersonal Style Questionnaire

Exercise Format

Instructions:

Please read the statements given below carefully and select one option out of the four which you find appropriate or best suited to you.

Put (✓) right tick mark on any one of the four choices which suits you best.

Sr. No	Statements	Never True (1)	Sometime True (2)	Often True (3)	Always True (4)
1.	When people appreciate my work, I admit that with reluctance.	1	2	3	4
2.	If people misbehave with me, I also behave in the same manner	1	2	3	4
3.	People like me	1	2	3	4
4.	I feel hesitation in interacting with unknown people	1	2	3	4
5.	If I am able to present my view point with the usage of satire/taunt, I don't think it is wrong	1	2	3	4
6.	I put straight forward my request for increase in salary when I feel I deserve it	1	2	3	4
7.	If people interrupt me while interacting, I usually stop speaking	1	2	3	4
8.	If somebody complains against my work. I too look forward for an opportunity to complain against his work.	1	2	3	4
9.	I feel glad over my achievements and share it with people with comfort	1	2	3	4
10.	People use me	1	2	3	4
11.	To get my work done from people, I indulge into their appreciation which they expect from me.	1	2	3	4
12.	I ask for help from people, easily	1	2	3	4
13.	I lend my belongings to other though I am not willing to	1	2	3	4
14.	I use my authority to prove my view point during the discussion	1	2	3	4
15.	I share all my feelings with those whom I admire and feel close to me	1	2	3	4
16.	When I am annoyed with others, I tend to hide my feelings instead of expressing it.	1	2	3	4
17.	When I criticize the work of others, people feel bad of me	1	2	3	4
18.	I can raise my voice for my due right.	1	2	3	4

Sr. No.	Score	Sr. No.	Score	Sr. No.	Score
1		2		3	
4		5		6	
7		8		9	
10		11		12	
13		14		15	
16		17		18	
Total PA		AG		AS	