

No. EDN-SE (12)B(6) HSSA-/2025-26
Directorate School Education
Himachal Pradesh, Shimla-I



Dated: Shimla-171001 the

To

All the Dy. Directors of School Education
Himachal Pradesh.

Subject: Regarding Selection trial of talented players for the Sports Hostels.

Memo

The Himachal Pradesh Education Department has decided to hold the selection trial of talented Boys and Girls players in different disciplines for admission in various Sports Hostels being run by the Education Department for the year 2025-26. The regular students (Boys/Girls) of Govt. recognized school who are interested to seek admission in the sports hostels should be between the age group of 13 to 18 years and for Hockey girls the age is 12-18 years. However, if any student of 12 year age fulfils the criteria of selection as approved on 30.04.2024 without any relaxation shall be considered w.e.f. academic session 2025-26 for other games also. Copy of selection parameters applicable for academic year 2025-26 enclosed as (Annexure-A and B).

The selection of the players in the age group of 13-16 years will be made strictly on merit basis and preference will be given to extraordinary height having better Physique, Speed, Endurance, and Agility in Volleyball and Basketball. Minimum height in Volleyball and Basketball for Boys and Girls will vary according to age and it shall be that value for which one award has been assigned in selection parameters. National Sub-Junior, Junior School level winner, runner and third place players will be given preference even though they may not fulfill the minimum selection criteria. The Education Department will provide free coaching/training to the players admitted in these hostels. The selection trial will be continued till the next day if it is not completed on the mentioned date. The following members of selection committee will conduct trials on the dates in different venues as shown against their names:-

| Sr. No. | Name of the Game | Name of selection committee | Venue | Date & Time |
|---------|--|---|----------------------------------|----------------------|
| 1 | Volley Ball Boys for S/H Sandhol Distt. Mandi | Principal GSSS Sandhol Distt. Mandi. 1 Sh. Ashok Chauhan ADPEO Distt. Solan 2)Sh.Devender Chauhan Coach Sports Hostel Rohroo(SML) 3)Sh.Jatinder Dhaulta Coach S/H GSSS Jubbal Distt. (SML) 4)Sh.Pradeep Sawant Lect.Phy.Edu.GSSS Boilauganj (SML) 5)Sh.Rajesh Sharma Lect.Phy.Edu.GSSS Tutu Distt(SML) 6) Sh. Pankaj Patial, DPE GSSS Jhandutta Distt. Bilaspur 7) Ajay Kumar, DPE GSSS Seoh Distt.Mandi | GSSS Sandhol, Distt. Mandi | 24.04.2025 9:00AM |

| | | | | |
|---|--|---|-----------------------------------|------------------------|
| 2 | Hockey Girls for S/H Majra Distt. Sirmour | Principal GSSS Majra Distt. Sirmour 1) Sh. Pankaj Saklani Coach S/H Majra Distt. Sirmour 2) Sh. Darshan Singh DPE GSSS Tarsu Distt. Bilaspur 3) Sh. Sandeep Kumar lect. Phy. Edu. GSSS Pairi Distt. Mandi 4) Sh. Vikas Pundir DPE GGSSS Bilaspur Distt. Bilaspur 5) Smt. Mohsina PET GSSS Surla Distt. Sirmour | GSSS Majra Distt. Sirmour | 24.04.2025 9:00 AM |
| 3 | Volley Ball Boys for S/H Matiana Distt. Shimla | Principal GSSS Matiana Distt. Shimla 1) Sh. Ashok Chauhan ADPEO Distt. Solan 2) Sh. Devinder Chauhan Coach Sports Hostel Rohru (SML) 3) Sh. Jatinder Dhaulta Coach S/H GSSS Jubbal Distt. Shimla 4) Sh. Pradeep Sawant Lect. Phy. Edu. GSSS Boilauganj (SML) 5) Sh. Rajesh Sharma Lect. Phy. Edu. GSSS Tutu Distt. Shimla 6) Sh. Ashok Chauhan Lect. Phy. Edu. GSSS Kotkahi (SML) 7) Sh. Devinder Chandel Coach Sports Hostel Matiana (SML) | GSSS Matiana Distt. Shimla. | 26.04.2025 9:00 AM |
| 4 | Basket Ball Girls for S/H Sarkaghat Distt. Mandi | Principal GSSS Sarkaghat Distt. Mandi. 1) Sh. Rakesh Thakur Coach S/H GSSS Sarkaghat Distt. Mandi 2) Sh. Raj Kumar Rana lect. phy. Edu. GBSSS Bilaspur. 3) Sh. Suresh Kumar Coach S/H Paprola Distt. Kangra 4) Sh. Sunil Kumar lect. phy. Edu. GSSS Cholthera Distt. Mandi 5) Sh. Sanjay Kumar Lect. Phy. Edu. GSSS Tauni Devi Distt. Hamirpur 6) Sh. Jagmohan DPE GSSS Bindrabani Distt. Kangra 7) Smt. Pratima Bharadwaj DPE GSSS Bindrabani Distt. Kangra | GMSSS Sarkaghat Distt. Mandi | 26.04.2025 9:00 AM |
| 5 | Hockey Boys for S/H Nadaun at Gauna-Karour Distt. Hamirpur | Principal, GBSSS Nadaun Distt. Hamirpur 1) Sh. Pankaj Saklani Coach S/H Majra Distt. Sirmour 2) Sh. Sandeep Kumar lect. Phy. Edu. GSSS Pairi Distt. Mandi 3) Sh. Vikas Pundir DPE GGSSS Bilaspur Distt. Bilaspur 4) Sh. Kunal Coach GSSS Gauna Karour Nadaun Distt. Hamirpur 5) Darshan Singh DPE GSSS Tarsu Distt. Bilaspur | GSSS Gauna-Karour Distt. Hamirpur | 26.04.2025 9:00 AM |
| 6 | Badminton Girls for S/H Jubbal Distt. Shimla | Principal GBSSS Jubbal Distt. Shimla 1) Sh. Rajinder Sharma ADPEO Hamirpur Distt. Hamirpur 2) Sh. Balwant Jhauta Lect. Pol. Science GBSSS Jubbal SML 3) Sh. Pramod Chauhan Lect. Phy. Edu. GSSS Portmore SML 4) Sh. Pradeep Kumar DPE GSSS Jalari Distt. Hamirpur 5) Smt. Rinku DPE, GSSS Jaunaji Distt. Solan | GBSSS Jubbal Distt. Shimla | 26.04.2025 |
| 7 | Volleyball Boys for S/H Rohru, Distt. Shimla. | Principal GBSSS, Rohru, Distt. Shimla 1) Sh. Ashok Chauhan ADPEO Distt. Solan. 2) Sh. Devender Chauhan Coach Sports Hostel Rohru (SML) 3) Sh. Jatinder Dhaulta Coach S/H GSSS Jubbal Distt. Shimla 4) Sh. Pradeep Sawant Lect. Phy. Edu. Boilauganj Distt. Shimla 5) Sh. Rajesh Sharma Lect. Phy. Edu. Tutu Distt. Shimla. 6) Sh. Satish Chauhan Lect. Phy. Edu. GSSS Samoli Distt. Shimla 7) Sh. Jagjeet Singh PET GBSSS Rohru Distt. Shimla | G(B)SSS Rohru, Distt. Shimla | 28.04.2025 9:00 AM- |


| | | | | |
|----|---|---|---------------------------------|-----------------------|
| 8. | Basket Ball Boys for S/H Paprola | Principal GSSS Paprola Distt. Kangra 1) Sh. Rakesh Thakur Coach S/H GSSS Sarkaghat Mandi 2) Sh. Raj Kumar Rana Lect.Phy.Edu GBSSS Bilaspur. 3) Sh. Suresh Kumar Coach S/H Paprola Distt. Kangra 4) Sh.Sunil Kumar Lect. Phy. Edu. GSSS Cholthera Distt. Mandi 5) Sh. Sanjay Kumar Lect. Phy. Edu. GSSS Tauni Devi Distt. Hamirpur 6) Sh. Jagmohan DPE GSSS Bindraban Distt.Kangra. | GSSS Paprola Distt. Kangra | 28.04.2025 9:00 AM |
| 9. | Hockey Boys for S/H Sunder Nagar Distt. Mandi | Principal GSSS Sunder Nagar Distt. Mandi 1) Sh. Pankaj Saklani Coach S/H Majra Distt. Sirmour 2) Sh. Sandeep Kumar Lect.Phy.Edu.GSSS Pairi Distt. Mandi 3) Dr. Sanjay Yadav Lect.Phy.Edu. GBSSS Sundernagar 4) Sh. Vikas Pundir DPE GGSSS Bilaspur Distt. Bilaspur 5) Sh. Kunal Coach GSSS Gauna-Karour Distt. Hamirpur 6) Sh. Darshan Singh DPE GSSS Tarsu Distt. Bilaspur | GBSSS Sunder Nagar Distt. Mandi | 28.04.2025 9:00 AM |
| 10 | Kabaddi Girls for S/H Jubbal Distt. Shimla | Principal GBSSS Jubbal Distt. Shimla 1)Sh. Balwant Jhauta Lect.Pol Scinece Coach GBSSS Jubbal Distt. Shimla 2)Sh. Lokpal Chauhan Lect. Phy Edu GSSS Dhar(SML) 3) Sh Surender Chauhan Lect. Phy Edu GSSS Shamtha(SML) 4) Smt Meera Verma DPE GSSS Dharpur Distt. Solan 5) Sh. Bilam Singh DPE GSSS Kothi-Deora Distt. Solan 6) Sh.Surender Singh PET Directorate School Education Shimla. 7) Smt. Babita Chauhan PET GBSSS Jubbal (SML) | G(G)SSS Jubbal Distt. Shimla. | 28.04.2025 9:00 AM |
| 11 | Volleyball Girls for S/H Jubbal Distt. Shimla | Principal GBSSS Jubbal Distt. Shimla 1) Sh. Ashok Chauhan ADPEO Distt. Solan 2) Sh.Jatinder Dhaulta Coach S/H GSSS Jubbal Distt. Shimla 3) Sh. Pradeep Sawant DPE GSSS Boilauganj Distt. Shimla 4) Sh. Rajesh Sharma DPE GSSS Tutu Distt. Shimla. 5) Sh.Satish Chauhan Lect.Phy.Edu GSSS Samoli Distt. Shimla 6) Sh Ashok Chauhan Lect. Phy Edu GSSS Kotkahi (SML) 7) Smt. Morma PET GSSS Kotla Kalan Distt. Una | G(G)SSS Jubbal Distt. Shimla. | 30.04.2025 9:00 AM |
| 12 | Football Boys for S/H Rohru | Principal GBSSS, Rohru, Distt. Shimla 1) Sh. Mahesh Chand ADPEO DDSE Sirmour 2)Sh. Devender Chauhan Coach Sports Hostel Rohru (SML) 3).Sh.Vinod Kumar DPE GSSS Amboya Distt. Sirmour 4) Sh.Vijay Bhadrur DPE GSSS Dulehar Distt.Una 5)Sh.Karam Chand Negi DPE DC GSSS Kothi, Distt.Kinnur 6) Sh. Vijay Kumar DPE GSSS Kuthar-kalan Distt.Una 7)Sh.Jagjeet Singh PET, GBSSS Rohroo Distt.Shimla | GBSSS, Rohru Distt. Shimla | 30.04.2025 9:00AM |

Further, Sh. Santosh Chauhan ADPEO HQ & Sh. Tilak Singh ADPEO HQ School Education is hereby deputed to Monitor/Observe all the venue of selection Trial.

The deputed officials will report to the organizing Secretary/ADPEO HQ on day before commencement of selection trial. They will be treated on duty & entitled for TA/DA as admissible under rules.


The desirous Boys and Girls players may be advised to report for the selection trials at the respective venues and dates mentioned above along with certificates of date of birth, sports achievement and class under which he/s he is enrolled from the school concerned, at their own expenses and risk. All the members of selection committee will submit list of selected students to the Principal of the hostel concerned for further admission at their own level. It is also added that trial of hostels will be held on the basis of physical parameters and their performance in concerned game. If students figure in selection list then Principal of concerned sports hostel may admit the students in the school under his/her control. The ADPEO's of the respective district are hereby directed to report at venue on the scheduled date and time and ensure the necessary arrangements, so that the selection trials could be conducted smoothly.

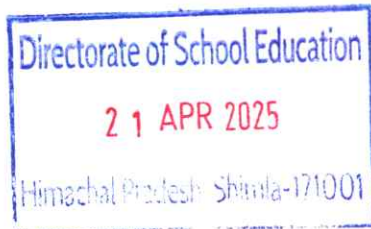
All the Dy. Directors of School Education in H.P. are hereby directed to relieve the ADPEOs immediately, extend full co-operation to organize trials. Further all the heads of institution under your control be directed to give wide publicity in their schools to ensure the participation of eligible, talented and interested students and make wide publicity through print and electronic media and by circulating notice in classrooms and on whatsapp groups.


Director School Education
Himachal Pradesh
April, 2025.

Endst. No. Even, Dated Shimla -1 the
Copy forwarded for information to:

1. The Secretary Education to the Govt. of Himachal Pradesh Shimla-171002 for information please.
2. All the coaches of Sports Hostel i.e. Majra, Nadaun, Sunder Nagar, Paprola, Matiana, Jubbal, Rohru & GBSSS Sarkaghat for information and necessary action.
3. All the members of selection committee for necessary compliance.
4. All the Principals of concerned venues for information and necessary action with the direction to provide possible co-operation and arrangement.
5. All the Principal/Coaches of concerned Hostels with the direction to admit the selected players according to their merit and vacancies and convey the list of admitted players to this office.
6. Supdt. IT Cell to upload the same on Deptt. Website


Director School Education
Himachal Pradesh



New parameters Proposed as per Proforma for Badminton (Girls Hostel Jubbal) Director of School Education HP

| Year | Age (Years) |
|------|-------------|
| 2013 | 13 |
| 2012 | 14 |
| 2011 | 15 |
| 2010 | 16 |
| 2009 | 17 |
| 2008 | 18 |

B. Battery of Test/ Norms for spotting of talent for Badminton (Girls)

| Age | 30 M Flying Start (Seconds) | | | S.V Jump (cm) | | | Ball throw in meters | | | 6X10m Shuttle Run (Sec.) | | | 800m Run (Min. Sec.) Trunk coordination & flexibility test | | | | | Total |
|-----|-----------------------------|------|------|---------------|-------|------------|----------------------|-----|-----|--------------------------|------|-------------|---|------|------|----|----|-------|
| | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | |
| 13 | 5.00 | 4.80 | 4.60 | 30-33 | 34-39 | 40 & above | 5.5 | 6.5 | 7.0 | 18.5 | 18.2 | 18.0 & less | 4.00 | 3.50 | 3.30 | 54 | 56 | 58 |
| 14 | 4.50 | 4.40 | 4.30 | 32-34 | 35-40 | 41 & above | 6.0 | 6.6 | 7.3 | 17.9 | 17.5 | 17.0 & less | 3.50 | 3.40 | 3.20 | 60 | 62 | 64 |
| 15 | 4.25 | 4.20 | 4.10 | 36-38 | 39-41 | 42 & above | 6.5 | 7.0 | 7.5 | 17.5 | 17.3 | 16.9 & less | 3.30 | 3.20 | 3.10 | 66 | 68 | 70 |
| 16 | 4.20 | 4.10 | 4.05 | 39-40 | 41-42 | 43 & above | 7.0 | 7.5 | 8.0 | 17.3 | 17.1 | 16.4 & less | 3.20 | 3.10 | 3.05 | 72 | 74 | 76 |
| 17 | 4.15 | 4.05 | 4.00 | 41-42 | 43-44 | 45 & above | 7.5 | 8.0 | 8.5 | 16.9 | 16.8 | 16.2 & less | 3.10 | 3.05 | 3.00 | 78 | 80 | 82 |
| 18 | 4.10 | 3.90 | 3.80 | 43-44 | 45-46 | 47 & above | 8.0 | 8.5 | 9.0 | 16.7 | 16.5 | 16.0 & less | 3.00 | 3.20 | 2.55 | 84 | 86 | 88 |

C. Skill Test/ Game Badminton

Accuracy and power test on court :- Excellent -3, Good-2, Average-1

D. Court Run Test

To measure the agility, quickness and coordination :- Excellent -3, Good-2, Average-1

| National | State | District |
|----------|-------|----------|
| 4 | 2 | 1 |

Approved


Director School Education
Himachal Pradesh, Shimla

1 Height/Weight criteria

| Age | Height in cm | | | Weight in Kg | | | Total 6 Points |
|--------|--------------|-----|-----|--------------|----|----|-------------------|
| | 1 | 2 | 3 | 1 | 2 | 3 | |
| 12 Yrs | 145 | 149 | 153 | 36 | 38 | 40 | |
| 13 Yrs | 149 | 153 | 158 | 39 | 42 | 45 | |
| 14 Yrs | 153 | 157 | 162 | 44 | 47 | 50 | |
| 15 Yrs | 157 | 161 | 165 | 48 | 52 | 54 | |
| 16 Yrs | 160 | 164 | 167 | 52 | 55 | 57 | |
| 17 Yrs | 163 | 165 | 168 | 54 | 56 | 58 | |
| 18 Yrs | 164 | 166 | 169 | 55 | 57 | 59 | |

2 Motor ability test for Kabaddi Girls

| YEAR | AGE | STANDIG BROAD JUMP | | | VERTICAL JUMP | | | 6*10 SHUTTLE RUN | | | BALL THROW | | | 30 METERS FLY START | | | TOTAL 15(Points) |
|------|-----|--------------------|-----|-----|---------------|------|------|------------------|------|------|------------|-----|-----|---------------------|------|------|---------------------|
| | | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | |
| 2012 | 12 | 2.9 | 3.9 | 4.9 | 39.0 | 42.0 | 47.0 | 18.8 | 18.4 | 17.9 | 5.5 | 6.4 | 7.0 | 4.50 | 4.30 | 4.15 | |
| 2011 | 13 | 3.0 | 4.0 | 5.0 | 41.0 | 43.0 | 50.0 | 18.5 | 18.0 | 17.5 | 6.0 | 6.6 | 7.3 | 4.42 | 4.20 | 3.95 | |
| 2010 | 14 | 3.3 | 4.4 | 5.5 | 43.0 | 45.0 | 52.0 | 18.0 | 17.5 | 17.0 | 6.5 | 7.0 | 8.0 | 4.31 | 4.00 | 3.80 | |
| 2009 | 15 | 3.6 | 4.6 | 5.6 | 45.0 | 47.0 | 53.0 | 17.5 | 7.0 | 16.6 | 7.0 | 7.5 | 8.3 | 4.22 | 3.96 | 3.78 | |
| 2008 | 16 | 3.9 | 4.9 | 5.9 | 47.0 | 49.0 | 54.0 | 17.0 | 16.6 | 16.2 | 7.5 | 7.9 | 8.7 | 4.17 | 3.94 | 3.74 | |
| 2007 | 17 | 4.0 | 5.0 | 6.0 | 49.0 | 51.0 | 56.0 | 16.7 | 16.3 | 15.9 | 8.0 | 8.3 | 9.0 | 4.14 | 3.90 | 3.70 | |
| 2006 | 18 | 4.3 | 5.4 | 6.4 | 51.0 | 53.0 | 58.0 | 16.6 | 16.0 | 15.5 | 8.5 | 8.8 | 9.5 | 4.10 | 3.85 | 3.65 | |

3 Skill Test/Games

6

4 Sports achievement

3

| National | State | District |
|----------|-------|----------|
| 3 | 2 | 1 |

Total Marks =30

Approved


Director School Education
Himachal Pradesh, Shimla

No. EDN-H (12)F(S) HSSA-/2016
Directorate of Higher Education
Himachal Pradesh
Dated Shimla-171001 the



To

All the Dy. Directors of Higher Education
Himachal Pradesh.

Subject: Regarding selection trial of talented players for the Sports Hostels.

Memo:

The Himachal Pradesh Education Department has decided to hold the selection trial of talented Boys and Girls players in different disciplines for admission in various Sports Hostels being run by the Education Department for the year 2024-25. The regular students (Boys/Girls) of Govt. recognized schools who are interested to seek admission in the sports hostels should be between the age group of 13 to 18 years and for Hockey, the girls age is 12-18 years. However, if any student of 12 years age fulfils the criteria of selection as approved on 30.04.2024 without any relaxation shall be considered w.e.f. academic session 2024-25 for other games also. Copy of selection parameters applicable for academic year 2024-25 enclosed as (Annexure-A).

The selection of the players in the age group of 13-16 years will be made strictly on merit basis and preference will be given to extraordinary height having better Physique, Speed, Endurance and Agility in Volleyball and Basketball. Minimum height in Volley Ball and Basket ball, for Boys and Girls will vary according to age and it shall be that value for which one award has been assigned in selection parameters. National Sub-Junior, Junior School level winner, runner and third place players will be given preference even though they may not fulfil the minimum selection criteria. The Education Department will provide free coaching/training to the players admitted in these hostels. The selection trial will continue till the next day if it is not completed on the mentioned date. The following members of selection committee will conduct trials on the dates in different venues as shown against their names:-

| Sr. No. | Name of the Game | Name of selection committee | Venue | Date & Time |
|---------|--|--|---------------------------------------|----------------------|
| 1 | Volley Ball Boys for S/H Rohru, Distt. Shimla. | Principal GBSSS, Rohru, Distt. Shimla 1) Sh. Santosh Chauhan ADPEO Distt. Shimla 2) Sh. Ashok Chauhan ADPEO Distt. Solan. 3) Sh. Ajay Panta DPE GBSSS Jubbal Distt. Shimla 4) Sh. Jatinder Dhaulta Coach S/H GSSS Jubbal Distt. Shimla | G(B)SSS Rohru, Distt. Shimla | 02.05.2024 9:00AM |

| | | | | |
|----|--|---|-------------------------------|-----------------------|
| | | <p>5) Sh. Pradeep Sawant DPE GSSS Boilauganj Distt. Shimla</p> <p>6) Sh. Rajesh Sharma DPE GSSS Tutu Distt. Shimla.</p> <p>7) Sh. Satish Chauhan DPE GSSS Samoli Distt. Shimla</p> <p>8) Sh. Ashok Chauhan DPE GBSSS Kotkhai Distt. Shimla</p> <p>9) Sh. Jagjeet Singh PET GBSSS Rohru Distt. Shimla</p> | | |
| 2. | Volley Ball Girls for S/H Jubbal Distt. Shimla | <p>Principal GGSSS Jubbal Distt. Shimla</p> <p>1) Sh. Santosh Chauhan ADPEO Distt. Shimla</p> <p>2) Sh. Ashok Chauhan ADPEO Distt. Solan</p> <p>3) Sh. Pardeep Kanwar DPE GGSSS Theog Distt. Shimla</p> <p>4) Sh. Ashok Chauhan DPE GBSSS Kotkhai Distt. Shimla</p> <p>5) Sh. Ajay Panta DPE GBSSS Jubbal Distt. Shimla</p> <p>6) Sh. Jatinder Dhaulta Coach S/H GSSS Jubbal Distt. Shimla</p> <p>7) Sh. Pradeep Sawant DPE GSSS Boilauganj Distt. Shimla</p> <p>8) Sh. Rajesh Sharma DPE GSSS Tutu Distt. Shimla.</p> <p>9) Smt. Keki Dutta Clerk DHE Shimla Distt. Shimla</p> | G(G)SSS Jubbal Distt. Shimla. | 04.05.2024 9:00 AM |
| 3. | Volley Ball Boys for S/H Matiana Distt. Shimla | <p>Principal GSSS Matiana Distt. Shimla</p> <p>1) Sh. Santosh Chauhan ADPEO Distt. Shimla</p> <p>2) Sh. Ashok Chauhan ADPEO Distt. Solan</p> <p>3) Sh. Pardeep Kanwar DPE GGSSS Theog Distt. Shimla</p> <p>4) Sh. Ajay Panta DPE GBSSS Jubbal, Distt Shimla</p> <p>5) Sh. Jatinder Dhaulta Coach S/H GSSS Jubbal Distt. Shimla</p> <p>6) Sh. Ashok Chauhan DPE GBSSS Kotkhai Distt. Shimla</p> <p>7) Sh. Rajesh Sharma DPE GSSS Tutu Distt. Shimla</p> <p>8) Sh. Davinder Chandel DPE Incharge Sports Hostel Matiana</p> | GSSS Matiana Distt. Shimla. | 06.05.2024 9:00AM |
| 4. | Basket Ball Girls for S/H Sarkaghat Distt. Mandi | <p>Principal GSSS Sarkaghat Distt. Mandi.</p> <p>1) Sh. Sukh Dev ADPEO Mandi Distt. Mandi</p> <p>2) Sh. Rakesh Thakur Coach S/H GSSS Sarkaghat Distt. Mandi</p> <p>3) Sh. Raj Kumar Rana DPE GBSSS Bilaspur Distt. Bilaspur</p> <p>4) Sh. Suresh Kumar Pal Coach S/H Paprola Distt. Kangra</p> <p>5) Sh. Raj Kumar DPE GSSS Domehar Distt. Hamirpur</p> <p>6) Sh. Sunil Kumar DPE GSSS Rakhoh Distt. Mandi</p> <p>7) Sh. Sanjay Kumar DPE GSSS Tauni Devi Distt. Hamirpur</p> <p>8) Smt. Pratima Bhardwaj DPE GSSS Rakhota Distt. Mandi</p> | GMSSS Sarkaghat Distt. Mandi | 02.05.2024 9:00 AM |
| 5. | Basket Ball Boys for S/H Paprola | <p>Principal GSSS Paprola Distt. Kangra</p> <p>1) Sh. Sukh Dev ADPEO Mandi Distt. Mandi <i>Atal Katoch</i></p> <p>2) Sh. Rakesh Thakur Coach S/H GSSS Sarkaghat Distt. Mandi</p> <p>3) Sh. Raj Kumar Rana DPE GBSSS Bilaspur Distt. Bilaspur.</p> <p>4) Sh. Suresh Kumar Coach S/H Paprola Distt. Kangra</p> <p>5) Sh. Raj Kumar DPE GSSS Domehar Distt. Hamirpur</p> <p>6) Sh. Sanjay Kumar DPE GSSS Tauni Devi Distt. Hamirpur</p> <p>7) Sh. Sunil Kumar DPE GSSS Rakhoh Distt. Mandi.</p> | GSSS Paprola Distt. Kangra | 04.05.2024 9:00 AM |
| 6. | Hockey Girls for S/H Majra Sirmour | <p>Principal GSSS Majra Distt. Sirmour</p> <p>1) Sh. Gurdyal Singh ADPEO Nahan Distt. Sirmour</p> <p>2) Sh. Pankaj Saklani Coach S/H Majra Distt. Sirmour</p> <p>3) Sh. Kunal DPE GBSSS Nadaun Distt. Hamirpur</p> <p>4) Sh. Darshan Singh DPE GSSS Tarsu Distt. Bilaspur</p> <p>5) Sh. Sandeep Kumar Coach S/H Sundarnagar Distt. Mandi</p> | GSSS Majra Distt. Sirmour | 02.05.2024 9:00 AM |

| | | | | |
|----|---|--|---|-----------------------|
| | | 6) Sh. Vikas Pundir DPE GGSSS Bilaspur Distt. Bilaspur 6) Smt. Paritika Gurang DPE GSSS Bagthan Distt. Sirmour | | |
| 7 | Hockey Boys for S/H Sunder Nagar Distt. Mandi | Principal GSSS Sunder Nagar Distt. Mandi 1) Sh. Sukh Dev ADPEO Mandi Distt. Mandi 2) Sh. Pankaj Saklani Coach S/H Majra Distt. Sirmour 3) Sh. Sandeep Kumar Coach S/H Sundarnagar Distt. Mandi 4) Sh. Vikas Pundir DPE GGSSS Bilaspur Distt. Bilaspur 5) Sh. Kunal DPE GBSSS Nadaun Distt. Hamirpur 6) Sh. Darshan Singh DPE GSSS Tarsu Distt. Bilaspur | GBSSS Sunder Nagar Distt. Mandi | 04.05.2024 9:00 AM |
| 8. | Hockey Boys for S/H Nadaun Distt. Hamirpur | Principal, GBSSS Nadaun Distt. Hamirpur 1) Sh. Puran Chand D.Y.S.O. Hamirpur Distt. Hamirpur 2) Sh. Pankaj Saklani Coach S/H Majra Distt. Sirmour 3) Sh. Sandeep Kumar Coach S/H Sunder Nagar Distt. Mandi 4) Sh. Vikas Pundir DPE GGSSS Bilaspur Distt. Bilaspur 5) Sh. Devinder Kumar DPE GSSS Nadaun Distt. Hamirpur 6) Sh. Kunal DPE GBSSS Nadaun Distt. Hamirpur 7) Sh. Darshan Singh DPE GSSS Tarsu Distt. Bilaspur | GBSSS Nadaun Distt. Hamirpur | 06.05.2024 9:00 AM |
| 9. | Foot Ball Boys for S/H Rohru | Principal GBSSS, Rohru, Distt. Shimla 1) Sh. Mahesh Chand DPE GSSS Bankala Distt. Sirmour 2) Sh. Rajesh Kumar DPE GBSSS Subathu Distt. Solan 3) Sh. Vinod Kumar DPE GSSS Amboya Distt. Sirmour 4) Sh. Karam Singh DPE GBSSS Rohru, Distt. Shimla 5) Sh. Jagjeet Singh PET GBSSS Rohru Distt. Shimla | GBSSS Rohru, Distt. Shimla | 04.05.2024 9:00AM |

All the deputed Officers/Officials of the Department of Education will be treated on duty with TA/DA as admissible under rules.

The desirous Girls and Boys players may be advised to report for the selection trials at the respective venues and dates mentioned above along with certificates of date of birth, sports achievement and class to which he/she is enrolled from the school concerned, at their own expenses and risk. All the members of selection committee will submit list of selected student to the Principal of the hostel concerned for further admission at their own level. It is also added that trial of hostels will be held on the basis of physical parameters and their performance in concerned game. If students figure in selection list then Principal of concerned sports hostel may admit the students in the school under his/her control. The ADPEO's of the respective district is hereby directed to report at venue on the scheduled date and time and make the necessary arrangements, so that the selection trials could be conducted smoothly.

All the Dy. Directors of Hr. Education, H.P. are hereby directed to relieve the ADPEOs immediately, extend full co-operation to organize trials. Further all the heads of institution under your control be directed to give wide publicity in their schools to ensure the participation of

eligible, talented and interested students and make wide publicity through print and electronic media and by circulating notice in classrooms and on Whatsapp groups.



(Dr. Amarjeet K. Sharma)
Director Higher Education
Himachal Pradesh Shimla-1

o/c

Endst. No. Even dated Shimla -1 the,
Copy forwarded for information to:

April, 2024.

1. The Director Elementary Education, Himachal Pradesh for further circulation to the concerned under your control & Director YSS Himachal Pradesh, Shimla-02.
2. All the Dy. Directors of Higher Education H.P. with the direction to inform all the school about date and venue of trials.
3. All the Coaches of Sports Hostel i.e. Majra, Nadaun, Sunder Nagar, Paprola, Matiana, Jubbal, Rohru & GBSSS Sarkaghat for information and necessary action.
4. All the members of selection committee for necessary compliance.
5. All the Principals of concerned venues for information and necessary action with the direction to provide possible co-operation and arrangement.
6. All the Principal/Coaches of concerned hostels with the direction to admit the selected players according to their merit and vacancies and convey the list of admitted players to this office.
7. Supdt. IT Cell to upload the same on Dept. Website.



Director Higher Education
Himachal Pradesh Shimla-1

o/c



Proposed proforma of New parameters for Volley Ball (Girls)

1. Height Criteria (in cm) Marks as per height *See*

| Age | 1 | 2 | 3 |
|----------|-----|-----|-----|
| 13 Years | 160 | 163 | 166 |
| 14 Years | 163 | 166 | 168 |
| 15 Years | 165 | 168 | 170 |
| 16 Years | 167 | 170 | 172 |

3

2. Battery of test and norms for scouting of talent in sports Girls

12

| Age | Vertical Jump (cm) | | | Medicine Ball (metre) | | | 6 x 10 M.S. run(sec.) | | | 30 m fly.(sec.) | | |
|----------|--------------------|----|----|-----------------------|-----|-----|-----------------------|------|------|-----------------|------|------|
| | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 |
| 13 Years | 45 | 49 | 54 | 7.0 | 7.5 | 8.3 | 17.3 | 16.9 | 16.5 | 4.15 | 4.10 | 4.05 |
| 14 Years | 46 | 51 | 56 | 7.5 | 8.0 | 8.8 | 17.0 | 16.6 | 16.1 | 4.10 | 4.05 | 4.00 |
| 15 Years | 48 | 53 | 58 | 8.0 | 8.5 | 9.2 | 16.7 | 16.2 | 15.7 | 4.00 | 3.95 | 3.90 |
| 16 Years | 50 | 55 | 60 | 8.5 | 9.0 | 9.5 | 16.3 | 15.9 | 15.4 | 3.95 | 3.90 | 3.85 |

3. Skill Test / Game

7

4. Sports Achievement

3

| National | State | District |
|----------|-------|----------|
| 3 | 2 | 1 |

Total = 25

[Signature]
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Himachal Pradesh, Shimla

[Signature]
Jt. Director of Hr. Edu. (C)
Himachal Pradesh

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Asstt. Distt. Phy. Edu. Of
Directorate of Hr. Edu. of
Himachal Pradesh, Shimla

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Proposed Proforma of New parameters for Volley ball(Boys)

| S.No | Age | Height (cm) | | | Vertical Jump (cm) | | | 30 mt. Flying Start (Sec) | | | Ball Throw (Meter) | | | 6X10 mt. Shuttle Run /T Test. | | | Game Skill/ Game Experience | Sports Achievement | | | Total Marks |
|------|---------|-------------|-----|-----|--------------------|----|----|---------------------------|------|------|--------------------|-----|------|-------------------------------|------|------|-----------------------------|--------------------|----|----|-------------|
| | | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | | | | | |
| 1 | 13 Yrs. | 167 | 171 | 173 | 51 | 55 | 60 | 4.05 | 4.00 | 3.95 | 7.8 | 8.7 | 9.7 | 16.2 | 15.7 | 15.2 | | D. | S. | N. | |
| 2 | 14 Yrs. | 173 | 176 | 178 | 53 | 57 | 62 | 4.00 | 3.95 | 3.90 | 8.3 | 9.2 | 10 | 15.7 | 15.3 | 14.9 | | | | | |
| 3 | 15 Yrs. | 175 | 177 | 181 | 55 | 59 | 64 | 3.95 | 3.90 | 3.85 | 9.0 | 9.7 | 10.5 | 15.4 | 14.9 | 14.4 | | | | | |
| 4 | 16 Yrs. | 180 | 182 | 184 | 56 | 61 | 66 | 3.90 | 3.85 | 3.80 | 9.5 | 10 | 11 | 15.0 | 14.5 | 14.0 | | | | | |

• Preference will be given to extra ordinary height as genetic and essential prerequisite Parameter in Volleyball.

1. Physical efficiency test = 15
2. Game Skill/ Game Experience = 7
3. Sports achievement = 3
4. Total Marks = 25

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M. Director of Hr. Edu.
Himachal Pradesh

Asst. Dist. P.W. Td. O.A.S.S.
Director of Hr. Edu.
Himachal Pradesh, Shimla - 1

Proposed Proforma of New Parameters for Hockey (Boys & Girls)
HOCKEY 30 Mtr FLYING START AND 3*10 Mtr SHUTTLE RUN FOR BOYS

| Age/Parameters | 30 Mtr Flying Start | | | 3*10 Mtr Shuttle Run | | |
|----------------|---------------------|----------|-----------|----------------------|----------|-----------|
| | 4 points | 7 points | 10 points | 4 points | 7 points | 10 points |
| 13 Years | 4.20 | 4.15 | 4.10 | 17.5 | 17.1 | 16.7 |
| 14 Years | 4.10 | 4.05 | 4.0 | 16.7 | 16.1 | 15.7 |
| 15 Years | 4.05 | 4.00 | 3.95 | 16.2 | 15.7 | 15.2 |
| 16 Years | 4.00 | 3.95 | 3.90 | 15.7 | 15.3 | 14.9 |

HOCKEY 30 Mtr FLYING START AND 3*10 Mtr SHUTTLE RUN FOR GIRLS

| Age/Parameters | 30 Mtr Flying Start | | | 3*10 Mtr Shuttle Run | | |
|----------------|---------------------|----------|-----------|----------------------|----------|-----------|
| | 4 points | 7 points | 10 points | 4 points | 7 points | 10 points |
| 12 Years | 4.50 | 4.30 | 4.25 | 18.5 | 18.0 | 17.7 |
| 13 Years | 4.25 | 4.15 | 4.10 | 17.7 | 17.2 | 16.7 |
| 14 Years | 4.15 | 4.10 | 4.05 | 17.3 | 16.9 | 16.5 |
| 15 Years | 4.10 | 4.05 | 4.00 | 17.0 | 16.6 | 16.1 |
| 16 Years | 4.05 | 3.95 | 3.90 | 16.7 | 16.2 | 15.7 |

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 Himachal Pradesh, Shimla


[Signature]
 Director of Hr. Edu. (C)
 Himachal Pradesh


[Signature]
 Asstt. Distt. Phy. Edu. Officer
 Directorate of Hr. Edu. (C)
 Himachal Pradesh, Shimla

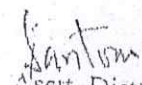
STANDING BROAD JUMP FOR (Girls)

| AGE | Point 2 | Point 4 | Point 6 | Point 8 | Point 10 | | | | | | |
|-------------|-------------|-------------|-------------|-------------|-------------|--|--|--|--|--|--|
| 12 years | 2 foot | 2.5 foot | 3 foot | 3.5 foot | 4 foot | | | | | | |
| 13 years | 2 foot | 3 foot | 4 foot | 5 foot | 6 foot | | | | | | |
| 14 years | 2.3 foot | 3.3 foot | 4.3 foot | 5.3 foot | 6.3 foot | | | | | | |
| 15 years | 2.6 foot | 3.6 foot | 4.6 foot | 5.6 foot | 6.6 foot | | | | | | |
| 16 years | 2.9 foot | 3.9 foot | 4.9 foot | 5.9 foot | 6.9 foot | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |

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Himachal Pradesh, Shimla

YO YO OR BEEP TEST INTERMITTED LEVEL 1 FOR(Girls)

| year | Distance In meter 200 (Points) | 240 | 360 | 480 | 600 | 720 | 840 | 960 | 1080 | 1200 | 132 |
|-------------|---|-----|-----|-----|-----|-----|-----|-----|------|------|-----|
| 12 years | 4 | 8 | 12 | 16 | 20 | | | | | | |
| 13 years | 0 | 4 | 8 | 12 | 16 | 20 | | | | | |
| 14 years | 0 | 0 | 4 | 8 | 12 | 16 | 20 | | | | |
| 15 years | 0 | 0 | 0 | 4 | 8 | 12 | 16 | 20 | | | |
| 16 years | 0 | 0 | 0 | 0 | 4 | 8 | 12 | 16 | 20 | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |

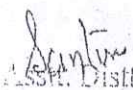
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Himachal Pradesh, Shimla



Jt. Director of Hr. Edu. (C)
Himachal Pradesh



Asst. Distt. Phy. Edu. Officer
Directorate of Hr. Education
Himachal Pradesh, Shimla

STANDING BROAD JUMP FOR BOYS

| AGE | Point | Point | Point | Point | Point | Point |
|----------|----------|----------|----------|----------|----------|-------|
| | 2 | 4 | 6 | 8 | 10 | |
| 13 years | 2 foot | 3 foot | 4 foot | 5 foot | 6 foot | |
| 14 years | 2.3 foot | 3.3 foot | 4.3 foot | 5.3 foot | 6.3 foot | |
| 15 years | 2.6 foot | 3.6 foot | 4.6 foot | 5.6 foot | 6.6 foot | |
| 16 years | 2.9 foot | 3.9 foot | 4.9 foot | 5.9 foot | 6.9 foot | |

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Director Higher Education

[Signature]
Jt. Director of Hr. Edu. (C)
Himachal Pradesh

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Asst. Dir. of Phy. Edu. Officer
Director of Sports
Himachal Pradesh

YO YO OR BEEP TEST INTERMITTED LEVEL 1 FOR BOYS

| year | Distance In meter 200 (Points) | 240 | 360 | 480 | 600 | 720 | 840 | 960 | 1080 | 1200 | 1320m |
|-------------|---|-----|-----|-----|-----|-----|-----|-----|------|------|-------|
| 13 years | 0 | 4 | 8 | 12 | 16 | 20 | | | | | |
| 14 years | 0 | 0 | 4 | 8 | 12 | 16 | 20 | | | | |
| 15 years | 0 | 0 | 0 | 4 | 8 | 12 | 16 | 20 | | | |
| 16 years | 0 | 0 | 0 | 0 | 4 | 8 | 12 | 16 | 20 | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |

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PROPOSED PROFORMA OF PARAMETERS FOR BASKET BALL BOYS

| Sr.No | AGE | HEIGHT (in CM) | | | | | VERTICAL JUMP | | | STANDING BROAD JUMP | | | | | BASKET BALL CONTROL DRIBBLE | | | AGILITY TEST | | | 28 MTRS. SHUTTLE RUN | | | GAME POINT 25 | PARTICIPATION LEVEL | | GRAND TOTAL | | | |
|-------|---------|----------------|-----------|-----------|-----------|-------------------|---------------|----------|----------|---------------------|-----------|-----------|-----------|-----------|-----------------------------|----------|----------|--------------|-----------|-----------|----------------------|----------|----------|---------------|---------------------|----|-------------|---|---|-----|
| | | 8 | 10 | 12 | 14 | 15 | 6 | 8 | 10 | 6 | 7 | 8 | 10 | 3 | 5 | 8 | 10 | 5 | 6 | 15 | 14 | 13 | 12 | | 5 | 4 | | 3 | 5 | 7 |
| 1 | 13 YEAR | 167C M | 171C M | 173C M | 175C M | 177C ABO VE | 30 cm | 45 cm | 60 cm | 135 cm | 150 cm | 165 cm | 180 cm | 10 SEC | 8 SEC | 7 SEC | 6 SEC | 15 SEC | 14 SEC | 13 SEC | 12 SEC | 6 SEC | 5 SEC | 4 SEC | 3 SEC | 25 | D | S | N | 100 |
| 2 | 14 YEAR | 172C M | 174C M | 177C M | 180C M | 182C ABO VE | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | 15 YEAR | 176C M | 178C M | 180C M | 182C M | 185C ABO VE | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | 16 YEAR | 180C M | 181C M | 183C M | 185C M | 187C ABO VE | | | | | | | | | | | | | | | | | | | | | | | | |

Preference will be given to extra ordinary height.

1. Height marks = 15
 2. Physically efficiency test = 50
 3. Game Skill = 25
 4. Sports achievement = 10
- Total marks = 100**

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Himachal Pradesh, Shimla

Jt. Director of Hr. Edu.
Himachal Pradesh

Director
Himachal Pradesh

PROPOSED PROFORMA OF PARAMETERS FOR BASKET BALL GIRLS

| Sl. No. | AGE | HEIGHT (in CM) | | | | | VERTICAL JUMP | | | STANDING BROAD JUMP | | | BASKET BALL CONTROL DRIBBLE | | | AGILITY TEST | | | 28 MTRS. SHUTTLE RUN | | | GAME POINT | PARTICIPATION LEVEL | GRAND TOTAL | | | | | | |
|---------|---------|----------------|-------|-----------|-----------|----------------|---------------|----------|----------|---------------------|-----------|-----------|-----------------------------|-----------|-----------|--------------|-----------|-----------|----------------------|-----------|-----------|------------|---------------------|-------------|-----------|----|---|----|---|-----|
| | | 8 | 10 | 12 | 14 | 15 | 6 | 8 | 10 | 6 | 7 | 8 | 10 | 15 | 16 | 13 | 14 | 12 | 16 | 14 | 12 | | | | 11 | 5 | 7 | 10 | | |
| 1 | 13 YEAR | 160 CM | 162CM | 165C M | 167C M | 170CM ABOVE | 15 cm | 25 cm | 30 cm | 90 cm | 120 cm | 135 cm | 150 cm | 16 SEC | 15 SEC | 13 SEC | 11 SEC | 15 SEC | 14 SEC | 13 SEC | 12 SEC | 16 SEC | 14 SEC | 12 SEC | 11 SEC | 25 | D | S | N | 100 |
| 2 | 14 YEAR | 162CM | 165CM | 167C M | 170C M | 172CM ABOVE | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | 15 YEAR | 165CM | 167CM | 170C M | 172C M | 175CM ABOVE | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | 16 YEAR | 167CM | 170CM | 172C M | 175C M | 177CM ABOVE | | | | | | | | | | | | | | | | | | | | | | | | |

Preference will be given to extra ordinary height.

- 1. Height marks = 15
 - 2. Physically efficiency test = 50
 - 3. Game Skill = 25
 - 4. Sports achievement = 10
- Total marks = 100**

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ASW
Director Higher Education
Himachal Pradesh, Shimla

ASW
Jr. Director of Hr. Edu. (C)
Himachal Pradesh

Verified

Proposed Proforma of New Parameters for Football Boys

| Sl No. | Age | Height (cm) | | | 800 Meter Run | | | 30 mt. Flying Start (Sec) | | | Ball Throw (Meter) | | | 6X10 mt. Shuttle Run /T | | | Game Skill/ Game Experience | Sports Achievement | | | Total Marks |
|--------|---------|-------------|-----|-----|---------------|------|------|---------------------------|------|------|--------------------|-----|------|-------------------------|------|------|-----------------------------|--------------------|----|----|-------------|
| | | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | | | | | |
| 1 | 13 Yrs. | 152 | 156 | 160 | 2.60 | 2.50 | 2.40 | 4.05 | 3.95 | 3.85 | 6.7 | 7.2 | 7.7 | 17.0 | 16.5 | 15.9 | | D. | S. | N. | |
| 2 | 14 Yrs. | 157 | 161 | 165 | 2.50 | 2.40 | 2.30 | 3.95 | 3.80 | 3.65 | 7.5 | 8.2 | 9.0 | 16.5 | 15.9 | 15.4 | | | | | |
| 3 | 15 Yrs. | 163 | 167 | 170 | 2.40 | 2.30 | 2.25 | 3.88 | 3.65 | 3.55 | 7.8 | 8.7 | 9.7 | 15.9 | 15.4 | 14.9 | | | | | |
| 4 | 16 Yrs. | 168 | 172 | 175 | 2.35 | 2.25 | 2.20 | 3.82 | 3.55 | 3.50 | 8.3 | 9.3 | 10.0 | 15.4 | 14.9 | 14.4 | | | | | |
| | | | | | | | | | | | | | | | | | 7 | 1 | 2 | 3 | 25 |

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Director Higher Education
Himachal Pradesh, Shimla

Jr. Director of Hr. Edu.
Himachal Pradesh

Himachal Pradesh

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