

**Detail of Activities
in
District Solan (H.P.)
(2014-2015)**



Training to FMR Volunteers



School Level WASH Commitee



CFMR Training



Mock drill Activity Training

**Disaster Management Programme
HP State Red Cross Society
Shimla-171002**

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Disaster Management Preparedness Programme

Background:

Himachal Pradesh due to its difficult topography, positioning in a high seismic and fragile ecology experiences the fury of nature every year causing loss of precious human lives and property. The State is prone to natural disasters like earthquakes, landslides, flash floods, fire etc.

The Indian Red Cross Society hence has come up with Disaster Management Preparedness programming for imparting trainings to local youth regarding Disaster Management Preparedness since 2012 in Himachal Pradesh, so that they could spring up to active during natural disasters and saved lives before the rescue teams can reach the spot, because this is the golden time to give first aid to the effected persons. Increasingly pace of population growth, urbanization and construction are therefore throwing up challenges for which adequate planning is necessary for prevention of disasters and mitigation if these occur, hence there is an urgent need to improve capacity building in these area.

Villages are also a part of development due to expansion of the cities and also exposed to vulnerability and there is possibilities of major loss in case any hazard takes place in future. Disaster Management Preparedness Plan at District level (village) aims to reduce potential loss of life and property in disasters as well as ensuring strong preparedness, response, relief and rehabilitation measures for coping with disasters. If disaster struck it is not easy for the administration to save the lives of people in the remote areas/disaster prone areas of Himachal Pradesh.

Objective of the Programme:

The main objective of the programme is to make the community aware about the Disaster, their causes and how to reduce the impact of Disaster. The Indian Red Cross Society, with the support of its partners (IFRC & ICRC), has embarked upon a programme to develop a cadre of First Medical Responders (FMRs) at District level in the most disaster prone states of the country. To enhance the capacity of Red Cross volunteers and communities to deliver emergency services during

disasters and other emergencies (including public health emergencies) by providing refresher training to the cadre of FMRs enrolled in 2012-13-2014. The objectives of the programme are:

- **To prepare the Red Cross First Medical Responders at village level:**
If any disaster happens, it is not possible to the administration to support in “Golden Hours” in which life can be saved, so it is necessary to equip the local people (villagers) with life saving skills to reduce disaster loss.
- **To prepare the village Panchayat community to reduce the risk of disaster:**
To build the capacity of the FMRs, so that they will have conceptual and methodological clarity with disaster situation.
- **To mainstream the local schemes and programmes with Disaster Risk Reduction:**
To involve community with local schemes and programmes like MNREGA, Watershed, Health & Hygiene promotion, Swacch Bharat Abhiyan etc.
- **To calendar the meetings/events/trainings of the FMRs for DRR at local level:**
The interaction with the community will be encouraged through the Mock drills, Meetings, Events, Trainings and other activities depending on the local requirements.
- **Draft the Disaster Management Preparedness Plan at village/ Panchayat level:**
The Disaster Management Preparedness Plan assesses the hazard, risk and vulnerability of the village / Panchayat area.
- **Activities of First Medical Responder (FMR) at District level with local government:**

Disaster Management Programme in Solan District:

Village identified by the district authority in Solan district is as under:

- Village Khaddin, Development Block Dharampur, Tehsil Kasauli, District Solan.

Activities Undertaken in village Khaddin, since 2014 to till date:

- Identification of 2 active volunteers from the village selected by the district authority.
- Identification of 25 Volunteers from the village as per the guidelines of Programme.
- VCA (Vulnerability Capacity Assessment) Mapping of the area through these volunteers to know the risk, vulnerability & hazards (in the year 2014).
- 4 Days State level Instructors Training and exposure visit provided to 2 active volunteers from this village (in the year 2014).
- 3 days District level CFMR (Certified First Medical Responder) Training provided to 25 volunteers. (in the year 2014).
- One Day Refresher Training to the FMR volunteers. (in the year 2015).
- Two Days State level Instructors Refresher Training at State Headquarters.
- One Day Mock drill conducted at village Khaddin (in the year 2015).

WASH in Schools (Water and Sanitation Hygiene)
Under
Disaster Management Programme:

The Opportunity:

The focus of Government of India has been on Water and Sanitation Hygiene Promotion. Having access to safe water and basic sanitation and adopting good hygiene practices is vital to everyone's life. Indian Red Cross Society as an auxiliary to the Government can support the GOI initiative to achieve the above objective through community advocacy and acting as a knowledge resource for the people to link with this programme through awareness and dissemination activities involving community stakeholders (SHG, ANM, ASHA, CHE, Schoolteachers etc.) as well as behavioral change among the parents and through community advocacy by way of campaigns like wall painting, street plays etc.

Children leading WASH:

When children teach and pass information to another person, including another child, they become 'peer educators'. This happens formally, through presentations and role playing, and informally, during ordinary conversations and play, Peer-to-peer education is effective inside and outside school, for example, children might make an announcement over a loudspeaker about water conservation to people living in their neighborhood; or set up and manage a roadside market stall to promote the importance of hand washing with soap. Giving correct, age-appropriate information will help children decide what they want to say.

WASH Committees:

WASH- focused based committees can be fun and educational, allowing children to lead activities and monitor progress. Assigning children to a WASH committee can help create peer influence to adopt good hygiene behaviours. Group can be formed by age (either mixed ages or separate groups for older and younger children) or by gender, as appropriate for specific subjects or tasks. Children with disabilities should always be integrated into activities alongside their peers.

Main Focus:

Developing and using effective communication tools to promote child friendly hygiene education. Exploring ways that aid children to experience, discover, create and construct their own knowledge. Encouraging schools to communicate hygiene messages through joyful learning sessions and organize events like drawing/poster competitions, drama, wall paintings, quiz, health exhibition, rallies, around the subject of safe water and sanitation and proper hygiene behavior.

Formation & strengthen of WASH (Water and Sanitation Hygiene) committee, preparation of work plan and school level awareness on WASH.

- Formation of school level committee in this village and an awareness camp organized on Water, Sanitation & Personal Hygiene in the year 2015) in GPS Khaddin.

List of FMR Volunteers, Village Khaddin, Tehsil Kasauli, District Solan

S. No.	Name	Contact No.
1	Sh. Ram Singh	09882557524
2.	Sh. Udham Singh	09816546857
3.	Sh. Sohan Singh	09816936704
4.	Sh. Nettar Singh	09418734408
5.	Sh. Thanti Ram	09805673826
6.	Smt. Santosh Thakur	09418147807
7.	Smt. Suresh Kumari	09816546857
8.	Smt. Rinu Devi	08894512395
9.	Ms. Neesha Devi	09816042252
10.	Smt. Sita Devi	09805294763
11.	Sh. Ram Lal	09816382470
12.	Smt. Khemlata	09736620383
13.	Smt. Mathura Devi	09805101588
14.	Sh. Naratta Ram	08894551412
15.	Smt. Sulochana Devi	09816042252
16.	Smt. Mathru Devi	09816546857
17.	Smt. Hardei Devi	09805738559
18.	Smt. Shankutala Devi	08263858862
19	Smt. SumanLata	09882137435
20	Smt. Deepika	09882290023
21	Smt. Meena Devi	09816936704
22	Smt. Raksha Devi	09805673826
23	Sh. Ranjit Singh	09805145948
24	Smt. Boby Devi	09805622285
25	Smt Indra Devi	09418734408

❖ ***Note: These activities are also being undertaken in district Mandi and Solan of Himachal Pradesh***