

Detail of Activities
in
District Mandi (H.P.)
(2012-2015)

Training to FMR Volunteers



CFMR Training



School Level WASH Activity



State Level Instructors Training



VCA Mapping

Disaster Management Programme
HP State Red Cross Society
Shimla-171002

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Disaster Management Preparedness Programme

Background:

Himachal Pradesh due to its difficult topography, positioning in a high seismic and fragile ecology experiences the fury of nature every year causing loss of precious human lives and property. The State is prone to natural disasters like earthquakes, landslides, flash floods, fire etc.

The Indian Red Cross Society hence has come up with Disaster Management Preparedness programme for imparting trainings to local youth regarding Disaster Management Preparedness since 2012 in Himachal Pradesh, so that they could spring up to active during natural disasters and saved lives before the rescue teams can reach the spot, because this is the golden time to give first aid to the effected persons. Increasingly pace of population growth, urbanization and construction are therefore throwing up challenges for which adequate planning is necessary for prevention of disasters and mitigation if these occur, hence there is an urgent need to improve capacity building in these area.

Villages are also a part of development due to expansion of the cities and also exposed to vulnerability and there is possibilities of major loss in case any hazard takes place in future. Disaster Management Preparedness Plan at District level (village) aims to reduce potential loss of life and property in disasters as well as ensuring strong preparedness, response, relief and rehabilitation measures for coping with disasters. If disaster struck it is not easy for the administration to save the lives of people in the remote areas/disaster prone areas of Himachal Pradesh.

Objective of the Programme:

The main objective of the programme is to make the community aware about the Disaster, their causes and how to reduce the impact of Disaster. The Indian Red Cross Society, with the support of its partners (IFRC & ICRC), has embarked upon a programme to develop a cadre of First Medical Responders (FMRs) at District level in the most disaster prone states of the country. To enhance the capacity of Red Cross volunteers and communities to deliver emergency services during disasters and other emergencies (including public health emergencies) by providing

refresher training to the cadre of FMRs enrolled in 2013 & 2014. The objectives of the programme are:

- **To prepare the Red Cross First Medical Responders at village level:**
If any disaster happens, it is not possible to the administration to support in “Golden Hours” in which life can be saved, so it is necessary to equip the local people (villagers) with life saving skills to reduce disaster loss.
- **To prepare the village Panchayat community to reduce the risk of disaster:**
To build the capacity of the FMRs, so that they will have conceptual and methodological clarity with disaster situation.
- **To mainstream the local schemes and programmes with Disaster Risk Reduction:**
To involve community with local schemes and programmes like MNREGA, Watershed, Health & Hygiene promotion, Swacch Bharat Abhiyan etc.
- **To calendar the meetings/events/trainings of the FMRs for DRR at local level:**
The interaction with the community will be encouraged through the Mock drills, Meetings, Events, Trainings and other activities depending on the local requirements.
- **Draft the Disaster Management Preparedness Plan at village/ Panchayat level:**
The Disaster Management Preparedness Plan assesses the hazard, risk and vulnerability of the village / Panchayat area.
- **Activities of First Medical Responder (FMR) at District level with local government:**

Formation & strengthen of WASH (Water and Sanitation Hygiene) committee, preparation of work plan and school level awareness on WASH.

Disaster Management Programme in Mandi District:

Three villages were identified by the district authority in Shimla district is as under:

- Village Sudhar, Tehsil Padhar, District Mandi.
- Village Bagsaid, Tehsil Thunag, District Mandi.

Activities Undertaken in village Sudhar and Bagsaid since 2012 to till date:

- Identification of 2 active volunteers from each village by the district authority.
- Identification of 25 Volunteers from each village as per the guidelines of Programme.
- VCA (Vulnerability Capacity Assessment) Mapping of the area through these volunteers to know the risk, vulnerability & hazards (in the year 2012).
- 3 days Village level CFMR (Certified First Medical Responder) Training to 25 volunteers from each village (in the year 2013).
- 4 Days State level Instructors Training and exposure visit provided to 2 active volunteers of these villages (in the year 2013).
- One Day Mock drill conducted at village Bagsaid (in the year 2013).
- One Day Refresher Training to the FMR volunteers in their village (in the year 2014).
- Two Days Refresher training provided to FMR volunteers (in the year 2015).
- 2 Days State level Instructors Refresher training provided to 2 active volunteers (in the year 2015).
- National level Training on Emergency WASH (NDWRT) provided to FMR Instructor Mr. Karam Singh Thakur, Village Sudhar (in the year 8th Dec. to 12th Dec. 2014).

- National level Training on First Medical Responders (FMR) provided to FMR Instructors Mr. Yadav Singh Thakur, Village Bagsaid (in the year 2nd July to 8th July 2014)
- Formation of school level committee in these villages and an awareness camp conducted on Water, Sanitation & Personal Hygiene in five schools (in the year 2015) as: GPS Sudhar, Kalangehar, Bagsaid, Raingalu & Kanda.

List of FMR Volunteers, Village Bagsaid

Sr. No.	Name	Contact No.
1	Hans Raj Village Kandha	8894232153
2.	Rakesh Kumar	9418153340
3.	Dropadi Thakur	9418201444
4.	Dhyan Singh (Instructor)	9459479045
5.	Tilak Raj	9418927148
6.	Yadav Singh Thakur(Instructor)	9418523900
7.	Om Prakash Thakur	9418956476
8.	Chintamani	9816616524
9.	Devender Kumar	9805240490
10.	Sunder Singh	9418261402
11.	Mohan Singh	9418927161
12.	Jaywanti	9857752620
13.	Durga Singh	9418956474
14.	Bhag Singh	9418652477
15.	Pushpraj	9456738054
16.	Karam Singh	9418352195
17.	Kamaraj Sharma	9418000244
18.	Ludher Singh	9418643172
19.	Mohan Singh Thakur	9418201680
20	Prem Singh	9418956478
21.	Roop Singh	9418200903
22.	Ram Chander	8894488327
23.	Bhupender Pal	9418978090
24.	Tapender Singh	8894263041
25.	ChhamaKumari	9857904799
26.	Shanta Devi	9805853349
27.	Megh Singh	9816745793
28.	Kishan Chand	8894232153
29.	Om Prakash	9857709709
30.	Vir Singh	9857276277
31.	Lal Singh	9857116563
32.	Kamal Kishore	9816650370
33.	Mohan Singh	9418643171
34.	Rita Devi	9882887767
35.	Santosh Kumari	8894990214
36.	Usha Thakur	9882063124

List of FMR Volunteers village Sudhar		
1.	Sh. Raju Ram	9459628689
2.	Chanderkala	8679758699
3.	Sh. Fateh Singh	9418474827
4.	Sh. Jeet Singh	9459180523
5.	Sh. Karam Singh (Instructor)	9418632239
6.	Sh. Karam Singh	-----
7.	Sh. Karam Singh	-----
8.	Sh. Pyar Chand	-----
9.	Smt. Baisakhi Devi	9459678749
10.	Sh. Prakash Chand	-----
11.	Smt. Nirmala Devi	-----
12.	Ms. Padma Devi	8988382362
13.	Sh. Bhadur Singh	-----
14.	Sh. Bali Ram (Instructor)	9418891058
15.	Sh. Ram Lal	-----
16.	Sh. Man Singh	-----
17.	Sh. Dharam Singh	9857316319
18.	Sh. Narender Kumar	-----
19.	Sh. Kamal Singh	-----
20.	Smt. Kaushalya Devi	-----
21.	Sh. Medhe Ram	-----
22.	Sh. Sunder Singh	-----
23.	Dr. Bharat	9418954755
24.	Sh. Mohan Lal	9418441543
25.	Sh. ChunniLal	9857310606
26.	Sh. SomDev	8988153812
27.	Sh. Dasham Ram	9459848089
28.	Ram Lok	9857123408
29.	Bhag Singh	9857152541
30.	Usha Devi (Asha Worker)	9459133750
31.	Budhi Singh	9857354086
32.	Hukum Chand	9418187435
33.	Sumitra Devi	-----
34.	Dhuri Devi	-----
35.	Kamla Devi	8679577784

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